

## LACING UP

**THINKING SKILL:** information processing  
**SUBJECT LINK:** PE  
**LEARNING LINK:** visual  
**ORGANISATION:** pairs  
**RESOURCES:** pairs of lace-up shoes or trainers or card templates laced in different ways (one pair per pair of children), one shoe laced and the other not; laces

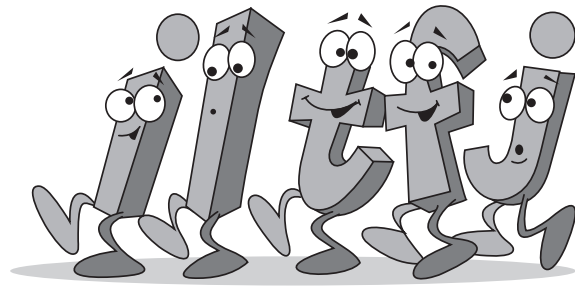
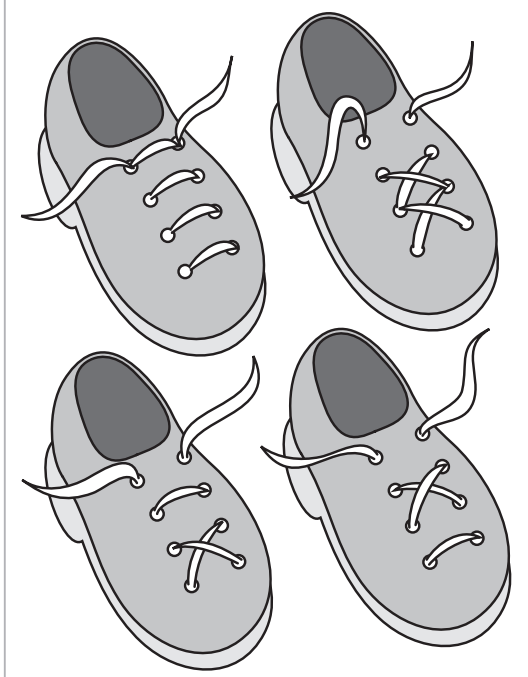
### WHAT TO DO

- With your partner, look at how the shoe is laced up.
- Talk together about how it is laced.
- Talk about how the laces go over and under each other.
- Is it laced by going under or over the hole before being threaded through?
- Is the shoe laced in a criss-cross or straight line pattern? Try to lace up the other shoe in the same way.
- Decide whether to start the lacing near the toe or the ankle to leave the ends of the laces for tying in a bow.
- Decide whether to thread the ends from under or over the holes.
- Which hole needs to be threaded next?
- Look at both shoes. Have you threaded the second shoe correctly?

### NOW TRY THIS

Swap shoes with another group that has a different threading pattern.

#### ANSWERS



## LETTER WALKS

**THINKING SKILL:** enquiry  
**SUBJECT LINK:** English (handwriting)  
**LEARNING LINK:** visual  
**ORGANISATION:** individuals  
**RESOURCES:** pencil crayons including red, green and orange; A4 sheets of paper; letters of the alphabet worksheet

### WHAT TO DO

- Look at the alphabet. Choose a letter that you need to learn how to write correctly.
- Write this letter large on a sheet of paper.
- Decide where the letter starts and put a green dot.
- Decide where the letter finishes and put a red dot.
- Trace over this letter at least ten times, using different colours each time to make a rainbow letter.
- Add your rainbow letters around the edge of the paper to make a border of the same letter.

### NOW TRY THIS

1. For each letter on the alphabet worksheet, put a green dot where the letter starts, and a red dot where it finishes.
2. Go over the letters to check if you are correct.
3. If it is a letter with an extra stroke or dot such as **t, f, i, j, x** and possibly **k** (depending on how you write this letter), add this in orange.

#### ANSWERS

The letters can be grouped according to their starting and/or finishing places and the direction they follow when written:

**c, o, a, d, g, q** is one group;

**i, l, t, f, j** is another;

**k, b, h, m, n, p, r** is another;

**u** and **y** go together, and **v** and **w**;

**e, s, x** and **z** stand alone.