

## ALL ABOARD!

**THINKING SKILL:** information processing, reasoning

**SUBJECT LINK:** PE, Drama

**LEARNING LINK:** kinaesthetic

**ORGANISATION:** groups of three or four

**RESOURCES:** space to sit on the floor; various sailing instructions to read aloud to the children during the 'sailing trip', written on the board, for example:

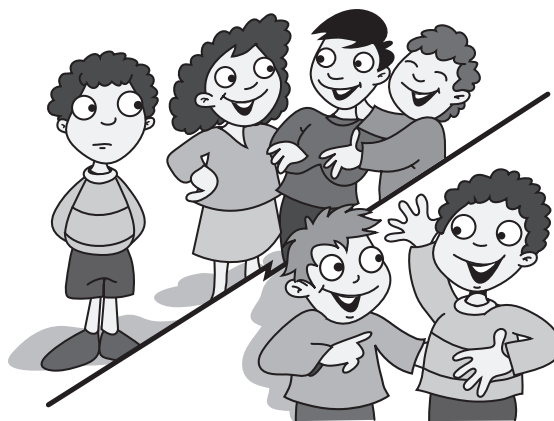
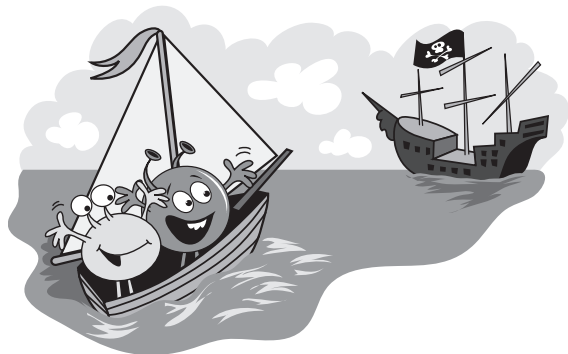
*Hoist the sails – put up the sails*  
*Lee ho – turning*  
*Tacking – turn right*  
*Jibbing – turn left*  
*Ahoy! – hello to pirates!*  
*Port – the left side of a boat looking forward*  
*Starboard – the right side of a boat looking forward*

### WHAT TO DO

- Sit in a line, as if you were in a long rowing boat.
- Imagine you are sailing in a race across the English Channel, starting at Cowes on the Isle of Wight and finishing in Cherbourg, France.
- In your boats, decide who is captain, who is first mate and who is navigator.
- Your teacher will call out instructions.
- The captains pass on commands to the first mates, who in turn pass them on to the navigators.
- For example, your teacher might say *Storm blowing in the east; Hoist the sails*. All the captains repeat this to the first mates, who repeat it to the navigators. Everyone has to act out hoisting the sails.

### NOW TRY THIS

Try it with the captains making up their own instructions and the sailors in the boats moving with the instructions and leaning the appropriate ways.



## NEGATIVES TO POSITIVES

**THINKING SKILL:** information processing, evaluation

**SUBJECT LINK:** literacy

**ORGANISATION:** pairs

**RESOURCES:** copies of the following statements, one for each pair, as examples:

1. I can't do joined up handwriting.	You write your letters really neatly.
2. I can't write long stories.	You tell stories that are imaginative and exciting.
3. I can't draw.	You colour in beautifully.
4. I can't swim.	You're brave and can put your face under water.
5. I can't skip.	You can hop really fast.
6. I am a real fidget.	You can sit still for a whole lesson now.
7. I am useless at spelling.	You write really creative poetry.
8. I am not very good at reading.	You have made good progress reading this term.
9. I am a slow runner.	You're a great goalie in football.
10. I am shy around large groups of people.	You're great speaking one to one.

### WHAT TO DO

- Do you often make negative statements about yourself? For example, *I can't do division*.
- Say one thing that is negative about yourself to your partner.
- Your partner should say a linked positive statement back, for example, *You are very good at adding sums*.
- Your teacher will say ten different negative statements. With your partner, think up positive statements as a response.
- Say your responses aloud. Write them down if you want to.