

Unit planner

Aims of the unit

Encouraging children to become self-aware is an important part of the growing-up process. During this unit, take the opportunity to point out that our outward appearance tells people very little about what we are like and that other things, such as how we behave, are more important. The aim of this unit is to provide opportunities for the children to develop self-awareness.

Key concept

Developing self-awareness and confidence.

Learning outcomes

By the end of this unit:

- All the children should be able to give details about themselves, such as their name, age, and the names of their family members. They should also have some understanding of their characters and be able to identify positive characteristics about themselves and others, such as being kind, helpful and so on.
- Most should be able to identify and appreciate the skills they have already learned.
- Some may be able to talk about things they'd like to learn now and the things they would like to achieve or learn in the future. They may have some idea of how they intend to achieve these things.

Early learning goals

Personal, social and emotional development

- Be confident to try new activities, initiate ideas and speak in a familiar group
- Have a developing awareness of their own needs, views and feelings, and be sensitive to the needs, views and feelings of others

Communication, language and literacy

- Write their own names and other things such as labels and captions and begin to form simple sentences, sometimes using punctuation

Problem solving, reasoning and numeracy

- Recognise numerals 1 to 9

Other links

Every Child Matters

- Enjoy and achieve

SEAL themes

- Good to be me
- Going for goals!
- Changes

Vocabulary

Name, age, birthday, live, learn, now, later