## Am I safe?

## Let's talk

## Circle time and thinking activities

The question boxes provide ways to get the children thinking and talking about all the things that contribute to keeping them safe. It is important to encourage the children to take responsibility for their own safety; to discuss potential dangerous situations and people and to devise strategies for avoiding them.

- 1 Is it important to be safe? Should we be safe all the time? Where do you feel safe? When do you feel safe? Who do you feel safe with? What is it like to feel safe? Describe a safe feeling. Whose responsibility is our safety? Is it always the same?
- What are dangerous things to do? What makes them dangerous? Why shouldn't you do things which are dangerous? What might the consequences be of doing dangerous things? Are some situations dangerous? Can you describe any?
- How many 'safe' people do you know? If you were in trouble, which people would you ask for help? Are all people 'safe'? Which people should you stay away from? (Bullies, people who ask you to do dangerous things.) What is the best strategy if you don't know someone? (Be cautious.)

- Have you ever had an accident at home? What sort of accident was it? Could the accident have been avoided? How could it have been avoided? Are there rules at home to keep you safe? What are they designed to keep you safe from? Can you avoid all accidents?
- Have you ever had to say 'no' to a friend? What did your friend want you to do? Did you know it was not a safe thing to do? Is it difficult to say 'no' to a friend? Why do you think that is?
- Do you have a computer at home? Is it somewhere where everyone can see you using it? Why is that a good idea? What is the internet for? How do you use the internet? Do you have to think about your safety when you are on the internet?

When you play games, do they have rules? Why do you think there are rules? Do rules make it easier to play the game? Do rules make the game safer? Which rules can you think of which are 'safe' rules?

- Where do you play with your sports team? Are there many places to play in your community? What makes a good place to play? Where do you like to play with your friends? How do you make sure that they are safe places?
- How do we communicate? Do we always use language verbal or written? How else do we communicate? Do colours have meaning on the road? Why? What do they mean? Do sign shapes mean anything? (Circles are enforceable, triangles are warning.) Do pictures have a well-known meaning?
- When is fire safe? When is fire not safe? What do you do in that situation? When is water safe? When is water not safe? What should you do? Is the wind sometimes safe and sometimes not safe? Can you think of examples?