

LIFE IN HONG KONG

Hong Kong is a very busy place. There are lots of people, and it's often hot and noisy. So, where do people go to enjoy quieter times? And how do they like to have fun?



HONG KONG'S HUNGRY GHOSTS
 Some people believe that ghosts appear in the seventh month of the Chinese year (August / September). At this time, people burn toy money by the side of the road, as a present for the ghosts. They also make special food for the 'hungry' ghosts to eat.

You are going to Hong Kong. What do you want to see and do? Why?

TAI CHI MORNINGS

Many Hong Kong people start their day quietly in the park with Tai Chi. Tai Chi is a kind of slow, careful exercise. The teacher says things like 'Open your arms like a bird,' or 'Wave your hands like clouds'. Tai Chi helps you think clearly – even in a busy city!



Tai Chi in the park



Chinese tea

YUM CHA

'Yum Cha' means 'drinking tea' in Cantonese. Tea is Hong Kong's favourite drink, and you can drink it almost anywhere in Hong Kong. People often meet friends and family for Yum Cha at restaurants. They talk in the noisy, busy restaurants while they enjoy tea and Chinese 'Dim Sum' dishes.

HAPPY NEW YEAR!

Hong Kong turns red and gold for Chinese New Year, with decorations in houses and in the streets. There is a special three-day holiday. Many schools close and families enjoy spending the holiday together.

- Day 1:** When people meet, they say 'kung hei fat choy'. This means 'I hope you have wealth'.
- Day 2:** There is a big firework display over Victoria Harbour in the evening.
- Day 3:** One of the world's biggest horse races takes place in Sha Tin.



Chinese New Year

What do these words mean? You can use a dictionary.
burn decoration firework display gold horse race wealth