

Tiara Friends

Ice Pops!

Make your own strawberry and banana ice pops. Remember, you must have an adult around to help you whizz the ingredients together!

- Place yoghurt, milk and honey in a blender. Whizz them all together until combined. Add the strawberries and the banana, and blend until smooth.
- Carefully pour the mixture into the ice lolly moulds and pop in the freezer for at least 5-6 hours. (Ask your adult to help you if it's too difficult!)

Ingredients

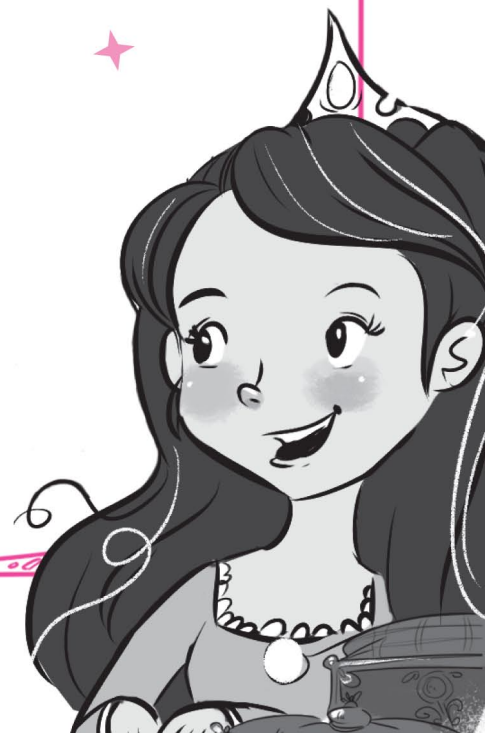
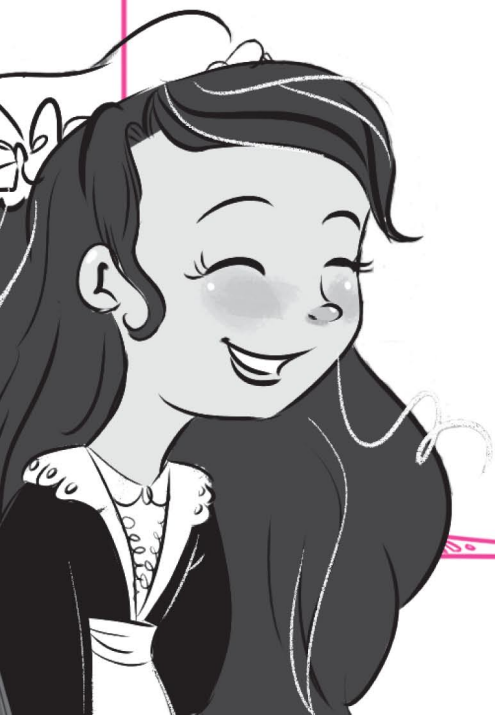
- 120ml yoghurt
- 60ml milk
- 10 strawberries
- 1 ripe banana
- 1-2 tablespoons of honey

Equipment

Ice lolly mould

Top Tip...

Once your ice lollies are frozen, try putting them in a container with some warm water so they can easily slide out of their moulds.



 SCHOLASTIC

Taken from *Tiara Friends: The Secret of the Silk Dress*
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