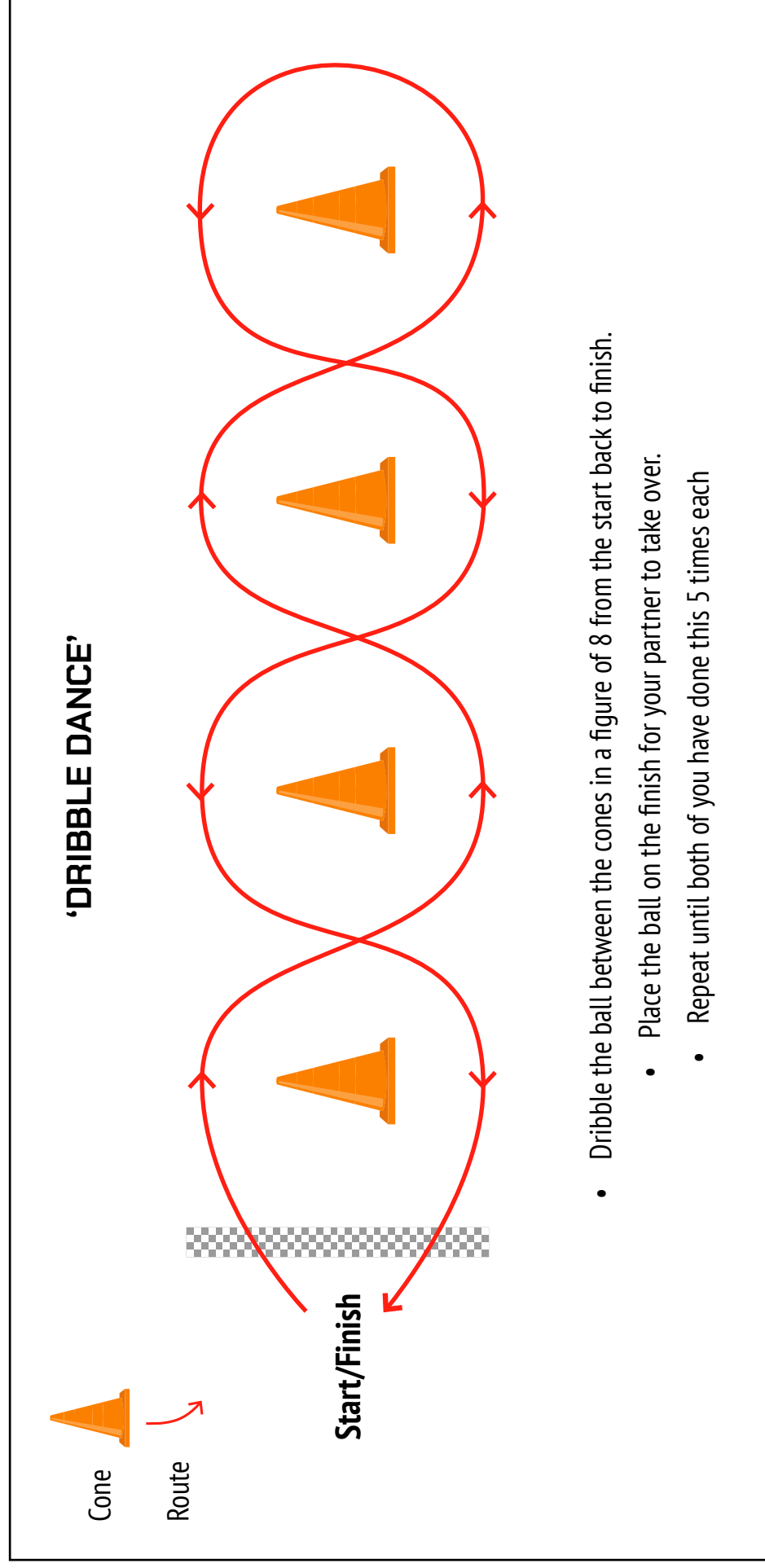


# STRIKING OUT

INSPIRED BY THE STORY OF THE **SUPERSTAR STRIKER IAN WRIGHT**

## STRIKING OUT BY IAN WRIGHT AND MUSA OKWONGA: LESSON PLAN 1 RESOURCE SHEET 1 - 'DRILL MODEL'

The diagram below is a model of the type of drill Jerome would have to practice over and over again. You will notice that it is a simple diagram with a few key instructions. It has a key for any objects or movements that are needed to complete the moves. It also has a memorable name. Use this as a guide to create your own drills on **Resource Sheet 2**.



# STRIKING OUT

INSPIRED BY THE STORY OF THE **SUPERSTAR STRIKER IAN WRIGHT**

## STRIKING OUT BY IAN WRIGHT AND MUSA OKWONGA: LESSON PLAN 1 RESOURCE SHEET 2 - 'MY DRILL IDEAS'

Using the model on **Resource Sheet 1** work in pairs to create 4 different football drills. Each one should focus on one aspect of a game: **Defending, Attacking, Tackling, Shooting**. The aim of each drill is to focus on that part of the game **ONLY** e.g. if it is a focus on defending then the attacker is just setting up the defensive drill to work, not try to evade the person. As you plan, you need to decide the following;

- Equipment needed (hoops, number of footballs, cones etc...)
- Size of space to work in (10m x 10m square or smaller etc...)
- Will it be a timed drill?
- Number of people involved

Make sure your diagrams and instructions are easily followed – your class will be testing some out!

<b>DEFENSIVE DRILL</b>	<b>ATTACKING DRILL</b>
<b>TACKLING DRILL</b>	<b>SHOOTING DRILL</b>

# STRIKING OUT

INSPIRED BY THE STORY OF THE **SUPERSTAR STRIKER IAN WRIGHT**

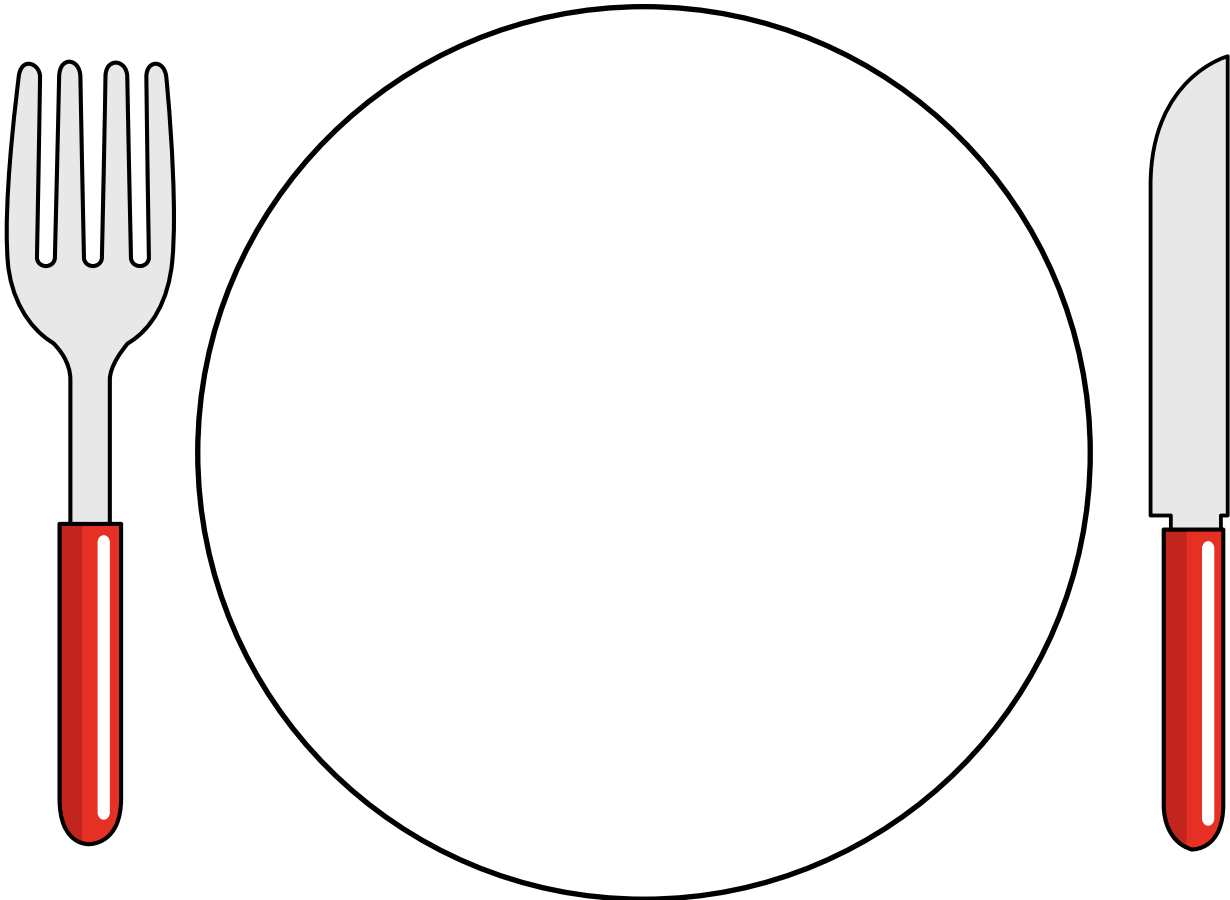
## STRIKING OUT BY IAN WRIGHT AND MUSA OKWONGA: LESSON PLAN 2 RESOURCE SHEET 1 - 'MY SPECIAL MEAL'

Using the space below draw your own special meal. Remember to label it with;

- Ingredients (especially if it has some secret ones in it),
- Why it is so special (always been your favourite or is it a meal passed down the family?)
- Does it have a special name – if not can you give it one?

Ingredients:

What makes it so special?



What is its special name?

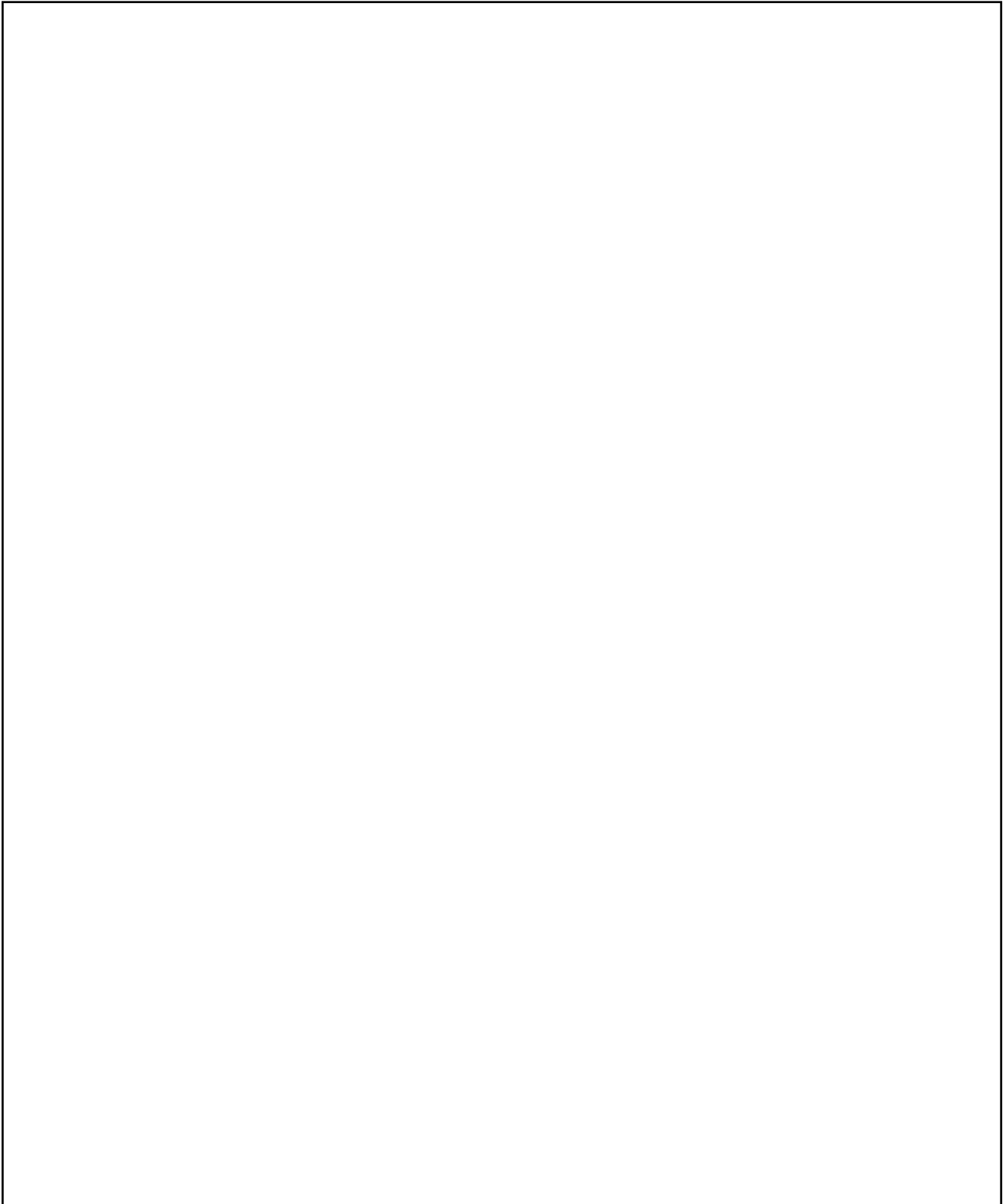
# STRIKING OUT

INSPIRED BY THE STORY OF THE **SUPERSTAR STRIKER IAN WRIGHT**

## STRIKING OUT BY IAN WRIGHT AND MUSA OKWONGA: LESSON PLAN 2 RESOURCE SHEET 2 - 'YOU CAN'T RESIST IT!'

Darius is convinced Jerome could sell his Jamaican Stew. If you were going to sell your special meal, how would you advertise it. Create a poster below, remembering all the ways in which you need to persuade people to buy it!

**Name** - share the name of the item you are advertising, **Statement** - what is it, **Persuasive language** - why would someone want it?, **Catchy slogan** - use alliteration or something memorable, **Exaggeration** - 'the world's best...'; **Rhetorical questions** - Have you ever wanted the best food in the world?, **Customer review** - 5 stars - would eat it again and again!



# STRIKING OUT

INSPIRED BY THE STORY OF THE **SUPERSTAR STRIKER IAN WRIGHT**

## STRIKING OUT BY IAN WRIGHT AND MUSA OKWONGA: LESSON PLAN 2 RESOURCE SHEET 3 - 'TV/RADIO ADVERT PLAN'

Now you have completed a poster it is time to produce your own TV/Radio advert. Think about the elements that need to go into it, step by step. As well as completing your ideas below you will need to write a script and time yourselves, so your timings are exact!

Remember: **Name** - share the name of the item you are advertising, **Statement** - what is it, **Persuasive language** - why would someone want it?, **Catchy slogan** - use alliteration or something memorable, **Exaggeration** - 'the world's best...', **Rhetorical questions** - Have you ever wanted the best food in the world?, **Customer review** - 5 stars - would eat it again and again!

Once complete play/show them to the class so they can compare their products.

You can write or draw your ideas.

Introduction...

Why is this product the best...?

Exaggeration/Customer Reviews...

Summary with a memorable slogan/special offer etc...

# STRIKING OUT

INSPIRED BY THE STORY OF THE **SUPERSTAR STRIKER IAN WRIGHT**

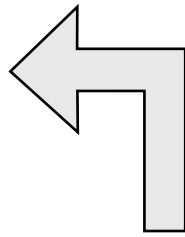
## STRIKING OUT BY IAN WRIGHT AND MUSA OKWONGA: LESSON PLAN 3 RESOURCE SHEET 1 - 'FEELINGS'

**Part 1** – having read about Jerome’s excitement write down some examples of how he might be feeling and briefly explain why

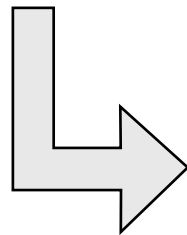
**Part 2** – after the boys’ attitude changed towards him, how did Jerome’s feelings change. Add them to this sheet in a different colour in the second column

Part 1 - When Jerome was feeling good about things...

Part 2 - When Jerome was feeling bad about things...



**FEELING  
AND  
THOUGHTS**



# STRIKING OUT

INSPIRED BY THE STORY OF THE **SUPERSTAR STRIKER IAN WRIGHT**

## STRIKING OUT BY IAN WRIGHT AND MUSA OKWONGA: LESSON PLAN 3 RESOURCE SHEET 2 - 'CONSCIENCE ALLEY'

Record the negative thoughts that Jerome shared in chapters 15-18. You can add some of your own ideas as to the thoughts that Jerome might have been having at this time. Write those to the left of the conscience alley. Then concentrate on some positive thoughts to counteract the negative ones and record this to the right of the conscience alley. Finally, add some positive and negative solutions/consequences to Jerome's dilemma of not belonging and running away at the bottom of the sheet, for example, if you run away you won't need to face Ian Wright and your mum, however, you won't fulfil your dream of being a footballer.

<b>NEGATIVE THOUGHTS</b>	<b>CONSCIENCE ALLEY</b>	<b>POSITIVE THOUGHTS</b>
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<b>POSITIVE SOLUTIONS AND CONSEQUENCES</b>	<b>NEGATIVE SOLUTIONS AND CONSEQUENCES</b>

# STRIKING OUT

INSPIRED BY THE STORY OF THE **SUPERSTAR STRIKER IAN WRIGHT**

## STRIKING OUT BY IAN WRIGHT AND MUSA OKWONGA: LESSON PLAN 3 RESOURCE SHEET 3 - 'A PROBLEM SHARED'

Having read the book you now have a good idea of how Jerome dealt with his situation. Think about the lessons he has learned through the book. Now imagine you are a grown-up Jerome who is now a successful professional footballer. Write a list of helpful tips to the 13-year-old Jerome that went through the things he did. What kinds of things would you advise him to do?

### TIPS FOR GETTING THROUGH... FOR 13-YEAR-OLD JEROME

1. ....

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2. ....

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3. ....

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4. ....

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5. ....

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